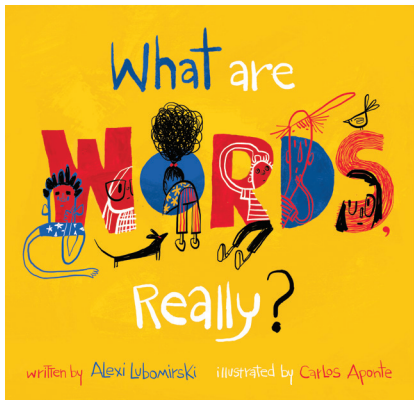


What are WORDS, Really?

written by Alexi Lubomirski
illustrated by Carlos Aponte



HC: 978-1-5362-1980-7
Also available as an e-book

This inspired meditation on the purpose and power of words encourages children to choose them well—and use them wisely—to spread kindness, joy, and love. Use *What Are Words, Really?* in your classroom to discuss the importance of words and to encourage empathy.



What are WORDS, Really?

- Ask your students to think about how words spoken by others have affected them in the past. Were they positive or negative?
- Define the word *empathy* for students and ask why it's important to think about how their words can affect those around them.
- Have students choose a word that makes them feel happy and draw a stylized version of it, like the words in the book.
- Follow the meditations in the book to work with your students on positive affirmations and self-talk.

