

From the groundbreaking author of *Tyrell*, an astonishing middle-grade novel about a girl overcoming the secrets and abuse of her past.



## ABOUT THE BOOK

Caprice has been offered a place at the school of her dreams, where she's just had a fantastic summer. But this great opportunity coincides with a lot of internal doubt and the disturbing news that her long-estranged grandmother has fallen ill and may be near death. As Caprice tries to figure out her future, she is pulled back toward her past, and the abuse she endured from her uncle when she was little—an abuse she's never told anyone about. With extreme sensitivity and honesty for middle-grade readers, Coe Booth has written a painful but ultimately healing novel about finding support from your parents and friends, articulating your truth, and choosing your own path.

HC: 9780545933346  
Ages 9–12 • Grades 4–7  
Also available in ebook

## PRAISE FOR *CAPRICE*

★“A heart-aching journey that needs to be witnessed.”  
—*Kirkus Reviews*, starred review

★“A thoughtful framework for exploring sexual abuse and generational family secrets.”  
—*Publishers Weekly*, starred review

“Caprice’s character is startlingly realistic, and her moving journey ends with the reclaiming of her power and her voice.”—*Booklist*

## ABOUT THE AUTHOR

COE BOOTH is the award-winning author of *Kinda Like Brothers* (a book set in the same community as *Caprice* and the YA novels *Tyrell*, *Kendra*, and *Bronxwood*). Before becoming a writer, she worked with teenagers and families in crisis, including victims of child abuse and neglect. You can find out more about her and her books at [coebooth.com](http://coebooth.com).



Photo © Minna Proctor

## ABOUT THIS RESOURCE SHEET

*Caprice* explores one girl’s relationships with her family and her community; with herself, her creativity, and her personal goals and achievements; and with a devastating trauma she’s kept secret for years. It can be challenging for educators and caregivers to address important topics like child sexual abuse with young people, and the websites and articles listed on this resource sheet are intended to prepare adults to support and protect the young readers in their lives. Page 2 of this one sheet lists resources geared towards educators and caregivers regarding trauma-informed education and addressing the topic and prevention of child sexual abuse and how to support survivors.

# Resources for Educators and Caregivers: Understanding and Preventing Child Sexual Abuse

Please be aware that *Caprice* explores several topics that the Centers for Disease Control and Prevention (CDC) consider Adverse Childhood Experiences (ACEs). ACEs include “potentially traumatic experiences that occur in childhood (0–17 years)” as well as “aspects of the child’s environment that can undermine their sense of safety, stability, and bonding.” Educators should exercise discretion when bringing these topics and this title into an educational setting, with opportunities for students to select an alternative title if they are not comfortable with the subject matter.

Learn more: [cdc.gov/violenceprevention/aces/index.html](https://cdc.gov/violenceprevention/aces/index.html)

As a young child, the protagonist of *Caprice* experiences parental separation, manipulation, and sexual abuse by an adult relative. The CDC considers child sexual abuse a “significant but preventable public health problem.” While estimates vary across studies, data provided by the CDC reveals that about 1 in 4 girls and 1 in 13 boys experience child sexual abuse at some point in childhood. Moreover, 91% of child sexual abuse is perpetrated by someone the child or child’s family knows. However, as in *Caprice*, many who experience child sexual abuse wait to report it, or never report it.

Learn more: [cdc.gov/violenceprevention/childsexualabuse/fastfact.html](https://cdc.gov/violenceprevention/childsexualabuse/fastfact.html)

Trauma-informed educational practices include social and emotional support, as well as the adoption of classroom and whole-school models that support those who may have experienced trauma directly or indirectly. Considerations should also be made for educators who may experience secondary trauma as the result of bearing witness to another’s direct experience with a traumatic event or a series of traumatic occurrences.

Learn more: [edutopia.org/article/how-and-why-trauma-informed-teaching](https://edutopia.org/article/how-and-why-trauma-informed-teaching)

## CDC | Essentials for Childhood Framework

An evidence-based framework that proposes concrete actions communities can take toward the ultimate goal of promoting “safe, stable, nurturing relationships and environments for children and families.” [cdc.gov/violenceprevention/pdf/essentials-for-childhood-framework508.pdf](https://cdc.gov/violenceprevention/pdf/essentials-for-childhood-framework508.pdf)

## CDC | Preventing Child Abuse and Neglect: A Technical Package for Policy, Norm, and Programmatic Activities

A comprehensive document outlining evidence-based strategies and approaches to help reduce and prevent child abuse and neglect (CAN) and support individuals who have been impacted. [cdc.gov/violenceprevention/pdf/CAN-Prevention-Technical-Package.pdf](https://cdc.gov/violenceprevention/pdf/CAN-Prevention-Technical-Package.pdf)

## Child Welfare Information Gateway | Preventing Child Sexual Abuse

A tip sheet containing a list of indicators of possible sexual abuse, and actionable steps adults can take to help prevent child sexual abuse, available in English and Spanish. [childwelfare.gov/pubPDFs/prevent\\_sa\\_ts\\_2020.pdf](https://childwelfare.gov/pubPDFs/prevent_sa_ts_2020.pdf) (English) [childwelfare.gov/pubPDFs/prevent\\_sa\\_sp\\_2020.pdf](https://childwelfare.gov/pubPDFs/prevent_sa_sp_2020.pdf) (en español)

## Child Welfare Information Gateway | Helping Your Child Heal from Trauma

A tip sheet containing a list of indicators of trauma, and actionable steps adults can take to support children healing from trauma, available in English and Spanish. [childwelfare.gov/pubPDFs/trauma\\_ts\\_2020.pdf](https://childwelfare.gov/pubPDFs/trauma_ts_2020.pdf) (English) [childwelfare.gov/pubPDFs/trauma\\_sp\\_2020.pdf](https://childwelfare.gov/pubPDFs/trauma_sp_2020.pdf) (en español)

## Child Welfare Information Gateway | Resource Guides

An archive of annually-updated guides designed to help individuals and organizations in every community strengthen families and prevent child abuse and neglect. [childwelfare.gov/topics/preventing/promoting/protectfactors/protective-factors-toolkit](https://childwelfare.gov/topics/preventing/promoting/protectfactors/protective-factors-toolkit)

## Edutopia | Understanding Trauma-Informed Education

An article addressing the most common misconceptions of trauma-informed education. [edutopia.org/article/understanding-trauma-informed-education](https://edutopia.org/article/understanding-trauma-informed-education)

## Learning for Justice | What If My Student Discloses a Sexual Assault?

An article sharing professional guidance and additional resources for educators from two crisis experts at the National Association of School Psychologists. [learningforjustice.org/magazine/what-if-my-student-discloses-a-sexual-assault](https://learningforjustice.org/magazine/what-if-my-student-discloses-a-sexual-assault)

## National Sexual Violence Resource Center | Preventing Child Sexual Abuse Resources

A collection of online resources, information, and tools for caretakers, organizations, and communities assuming the responsibility of preventing child sexual abuse. [nsvrc.org/preventing-child-sexual-abuse-resources](https://nsvrc.org/preventing-child-sexual-abuse-resources)

## National Child Traumatic Stress Network | Child Sexual Abuse Fact Sheet: For Parents, Teachers, and Other Caregivers

A detailed fact sheet including tips to protect children, myths and facts about child sexual abuse, warning signs, and ways to support a child who has disclosed sexual abuse. [nctsn.org/sites/default/files/resources//child\\_sexual\\_abuse\\_fact\\_sheet\\_parents\\_teachers\\_caregivers.pdf](https://nctsn.org/sites/default/files/resources//child_sexual_abuse_fact_sheet_parents_teachers_caregivers.pdf)

## National Child Traumatic Stress Network | Caring for Kids: What Parents Need to Know about Sexual Abuse

A guide containing articles and resources for child sexual abuse, presented in parent- and caregiver-facing language. [nctsn.org/resources/caring-kids-what-parents-need-know-about-sexual-abuse](https://nctsn.org/resources/caring-kids-what-parents-need-know-about-sexual-abuse)

## Rape, Abuse & Incest National Network

RAINN is the largest anti-sexual violence organization in the United States, offering support, advocacy, and resources including a free, confidential, 24/7 sexual assault hotline. [rann.org](https://rann.org)

## Stop It Now! | Prevention Tools

A comprehensive list of tip sheets, guidebooks, and other resources (including some in Spanish) to help adults, families, and communities prevent the sexual abuse of children. [stopitnow.org/help-guidance/prevention-tools](https://stopitnow.org/help-guidance/prevention-tools)